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## Fin-tastic Fish Science

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# FIN-IASTIC FISH SCIENCE





WELCOME TO THE MARUSKA LAB!

WHERE NEW AND EXCITING SCIENCE IS ALWAYS TAKING PLACE.

SCIENCE IS A FUN WAY
TO UNDERSTAND THE
NATURAL WORLD BASED ON
FACTS LEARNED THROUGH
OBSERVATION AND
EXPERIMENTATION!

THE LAB USES AN AFRICAN CICHLID (PRONOUNCED SICK-LID) FISH CALLED **ASTATOTILAPIA BURTONI** TO UNDERSTAND HOW THE BRAIN WORKS, HOW IT CONTROLS BEHAVIORS LIKE MATING AND FIGHTING, AND HOW IT PERCEIVES INFORMATION FROM THE ENVIRONMENT.

SOME OF THESE FISH, LIKE **BURT**, **TYRONE**, AND **TONI** WORK WITH THE SCIENTISTS TO EXPLORE THESE SCIENTIFIC QUESTIONS AND THEY LOVE TO SHARE STORIES ABOUT THEIR ADVENTURES.



BURT



TYRONE



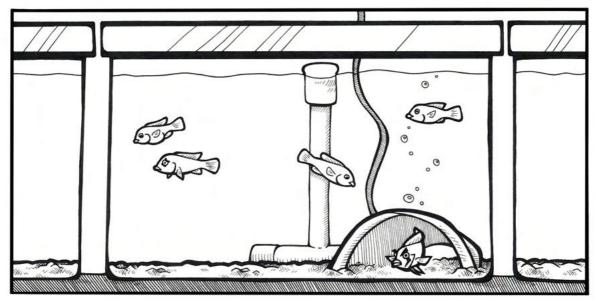
TONI

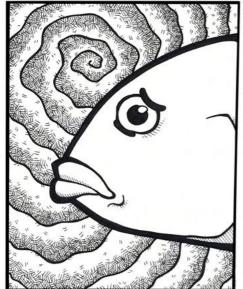
BURT IS A COLORFUL MACHO MALE WITH A TERRITORY,
WHO NEVER PASSES UP AN OPPORTUNITY TO BULLY THE LESS
COLORFUL AND TIMID TYRONE. FORTUNATELY, TYRONE'S BEST FRIEND
TONI IS ALWAYS THERE TO ENCOURAGE AND SUPPORT HIM EVEN
THOUGH HE DOESN'T HAVE A TERRITORY OF HIS OWN YET. HE WILL
NEED A LOT OF CONFIDENCE IF HE IS TO EVER DEFEAT
BURT THE BULLY AND REALIZE HIS FULL POTENTIAL.

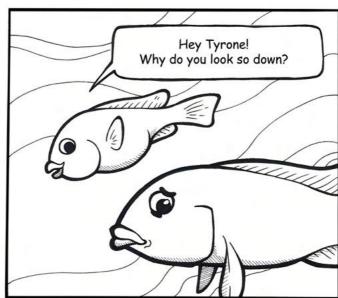
WHAT DOES TYRONE'S PERSONAL STRUGGLE HAVE TO DO WITH SCIENCE YOU ASK? WELL, LET US ENTER THEIR UNDERWATER WORLD AND FIND OUT!

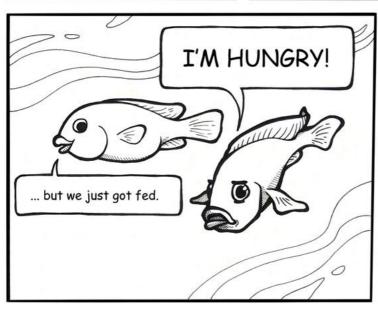
FIN-TASTIC FISH SCIENCE © 2022 CHRISTY ROSE WAYNE

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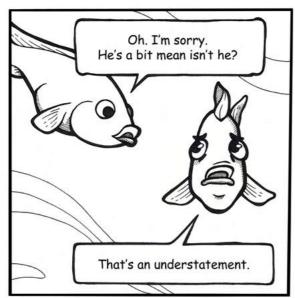


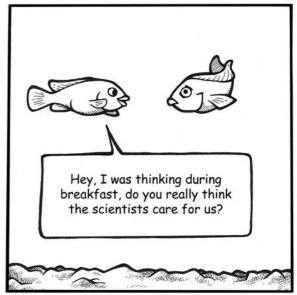


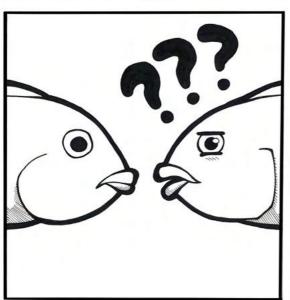




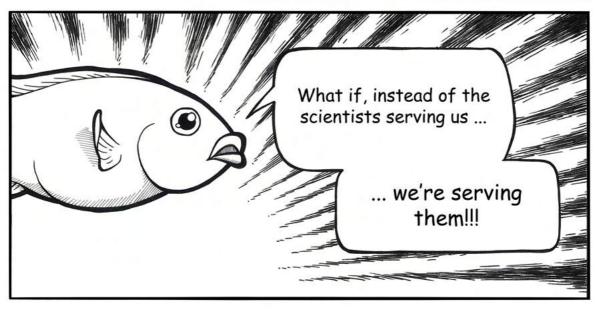


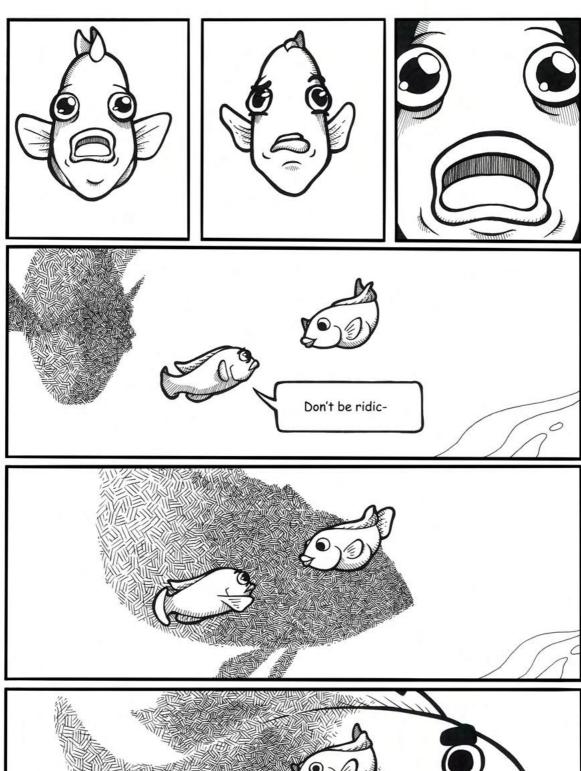


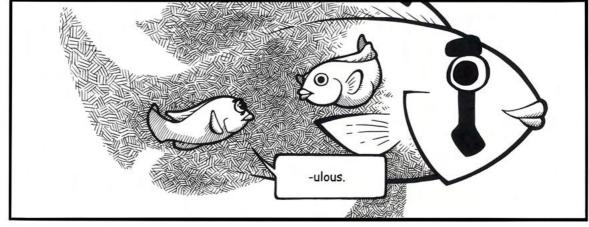




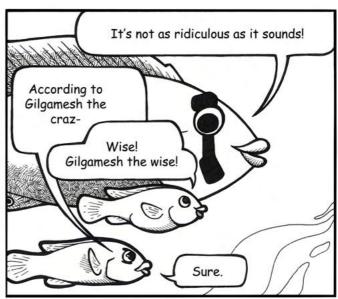


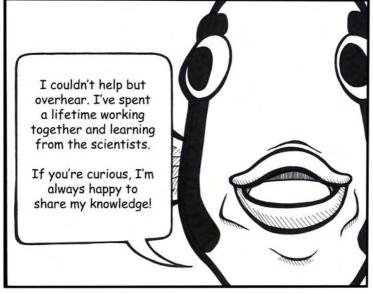


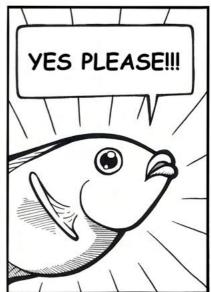


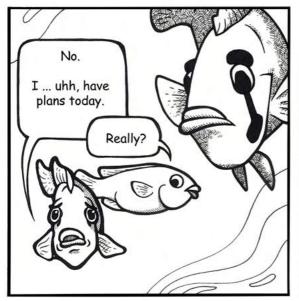




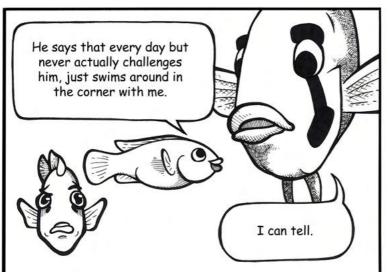


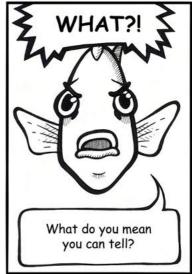


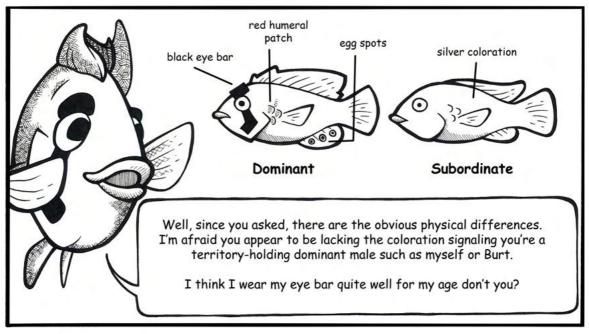


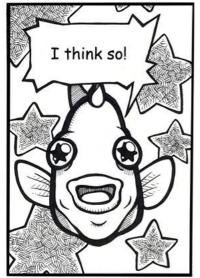


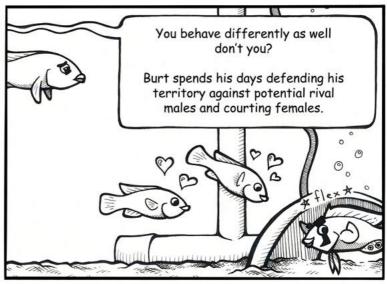




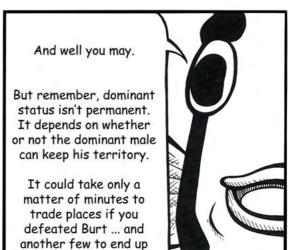




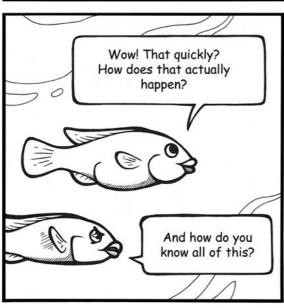


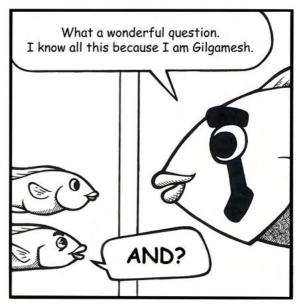


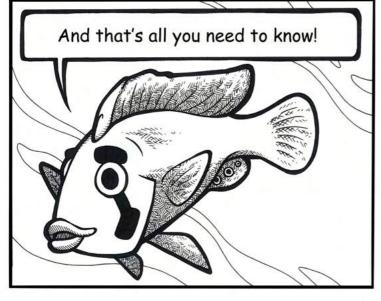




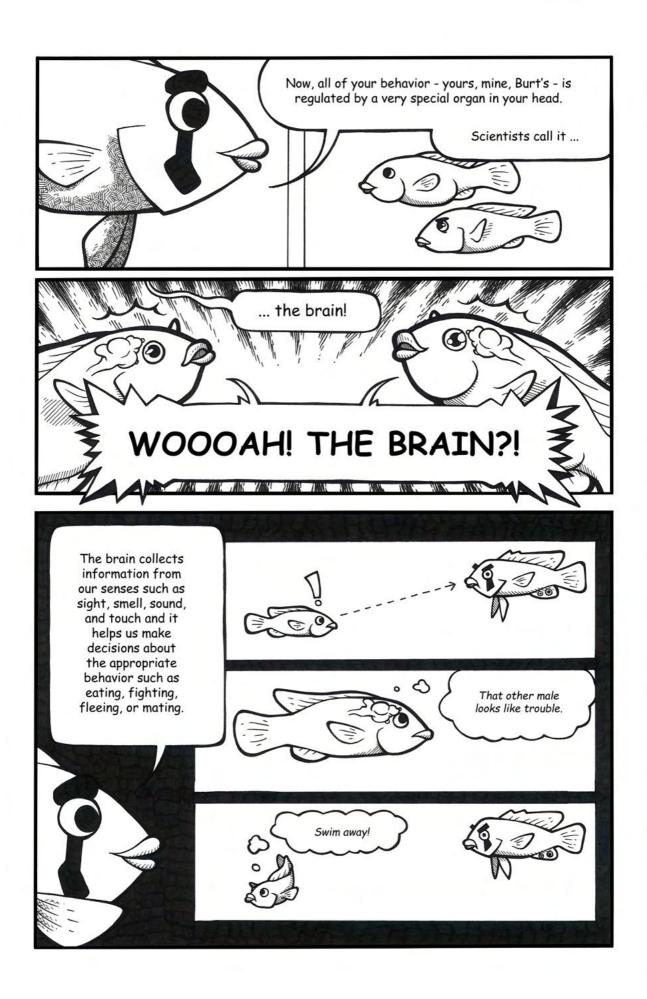
back where you started.

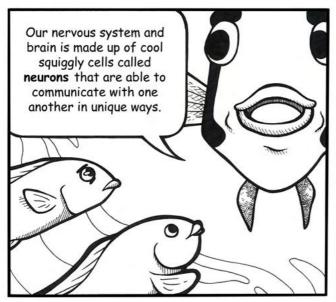


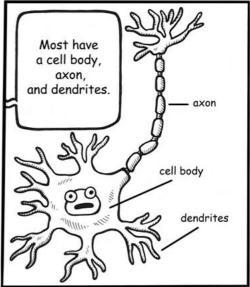




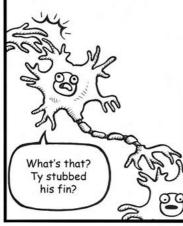




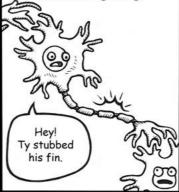




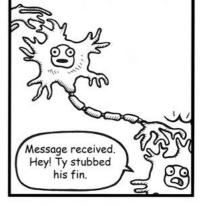
The dendrites extending from the cell bodies are able to receive signals from other neurons.



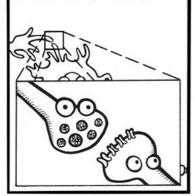
These dendrites are covered in synapses, the point where one neuron communicates with another through electrical and chemical signaling.



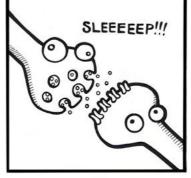
The received signal is sent down the axon, ending in the axon terminal where the neuron can transmit its signals to a new cell.



In order to communicate, neurons briefly convert an electrical signal - called an action potential - into a chemical one through the release of neurotransmitters.

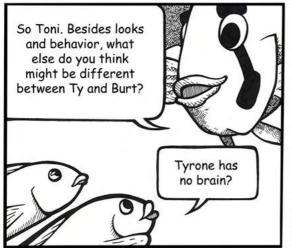


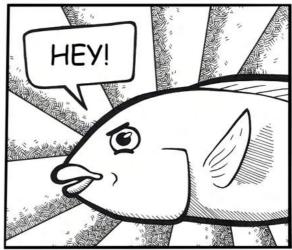
For example, serotonin is a neurotransmitter released by neurons that are communicating about sleep, memory, appetite, mood, and other behaviors.

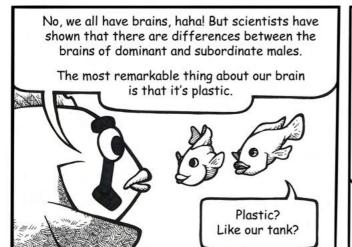


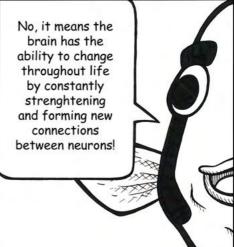
Once released from the end of an axon, the neurotransmitter will bind to the receptors on the receiving neuron and causes a specific response.

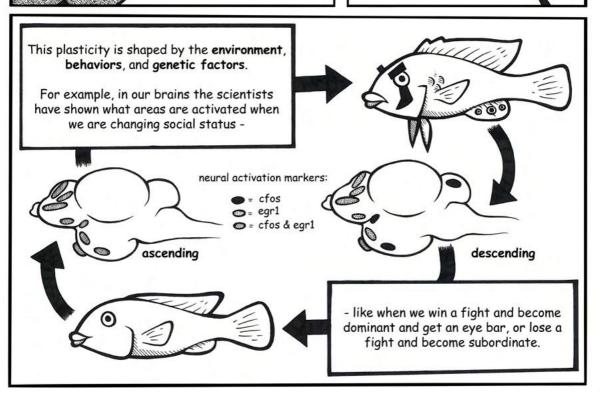


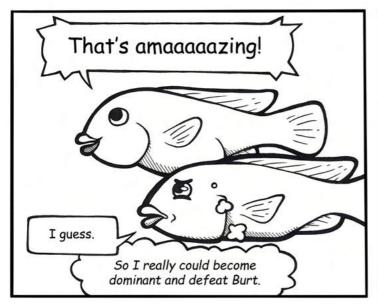


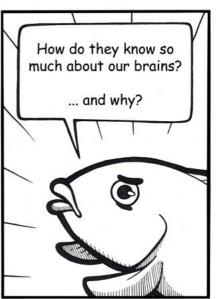


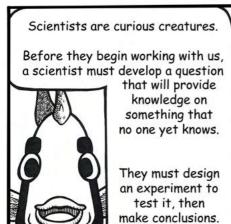


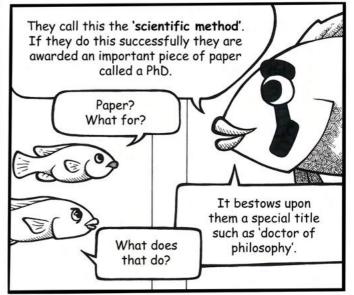




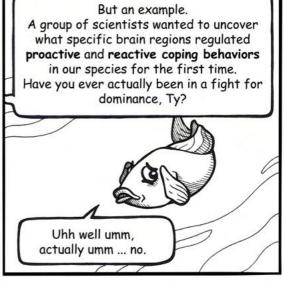








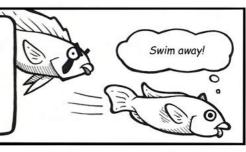




Well, when a male loses a fight he either displays what the scientists classified as **proactive** or **reactive** behaviors.



Proactive behaviors are responses of aggression or attempts to escape the stressor.

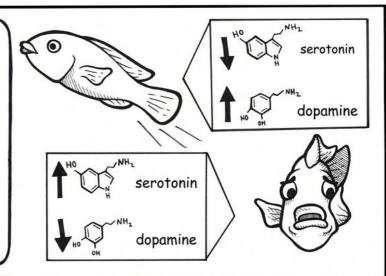




Reactive animals are more 'shy' and do not attempt to escape.

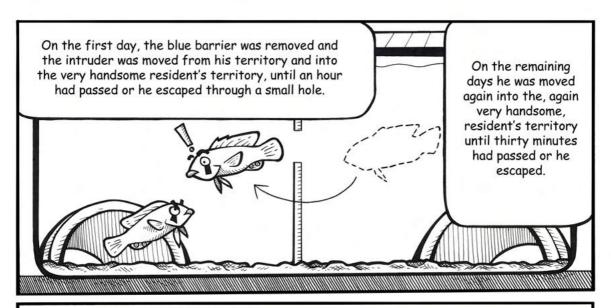
Depending on which coping strategy a fish uses, the levels of neurotransmitters in the brain differ.

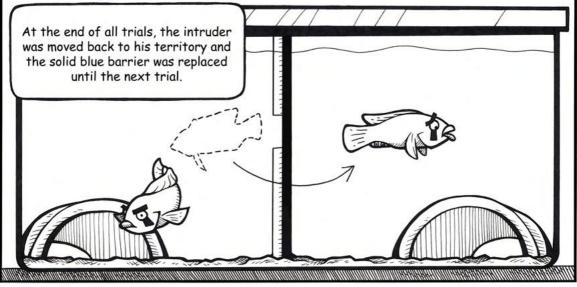
Proactive animals have high levels of dopamine and low levels of serotonin, while reactive animals have high levels of serotonin and low levels of dopamine.

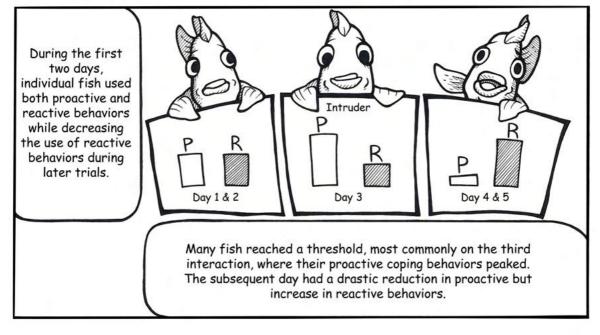


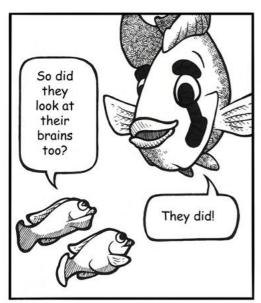
To see how an individual's coping behavior changed over time, a resident-intruder experiment was used to expose a male to repeated defeat from the same aggressive bully for four days.

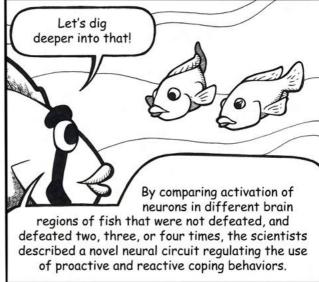
Two males in a tank divided by a solid blue barrier were allowed to settle into new territories.

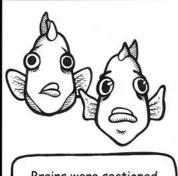




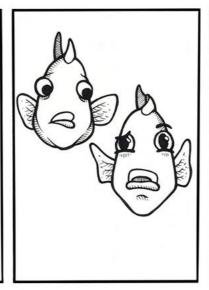


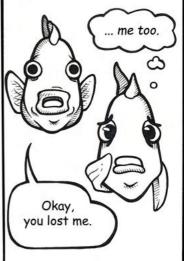






Brains were sectioned and stained with the neural activation marker phospho-S6 ribosomal protein known as **pS6**.



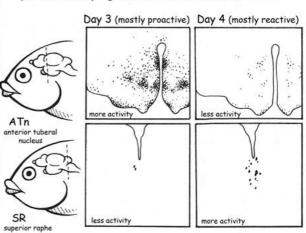


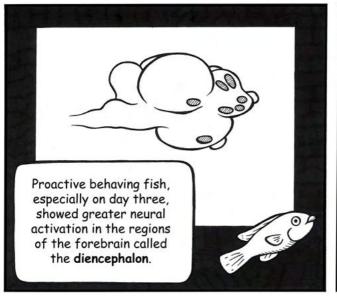


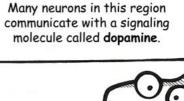
Don't worry, all you need to understand is that once a stimulus hits a neuron, it activates the cell and leaves a marker - which we are able to visually see.

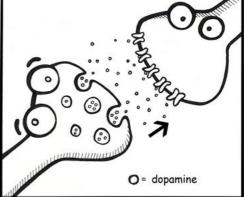
p56 is simply one of those markers that can 'light up' an activated brain region, meaning these neurons are communicating with each other!

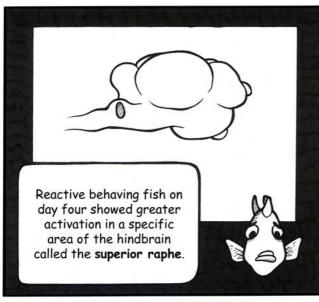
Through this staining method the scientists were able to identify a group of brain regions with greater neural activation between fish using proactive coping behaviors and reactive ones.

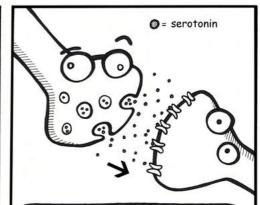












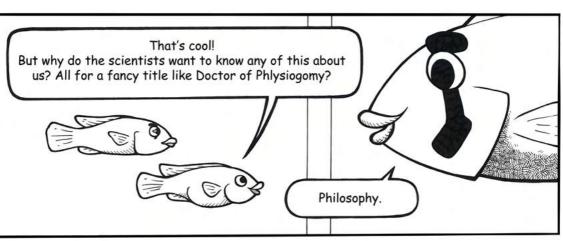
Many neurons in this region communicate with another signaling molecule called **serotonin**.

The scientists propose that activation of this superior raphe region of the hindbrain is one of the key mediators regulating proactive vs. reactive coping as an increase in serotonin output may be inhibiting the 'proactive' network of the forebrain.





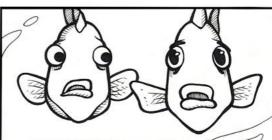




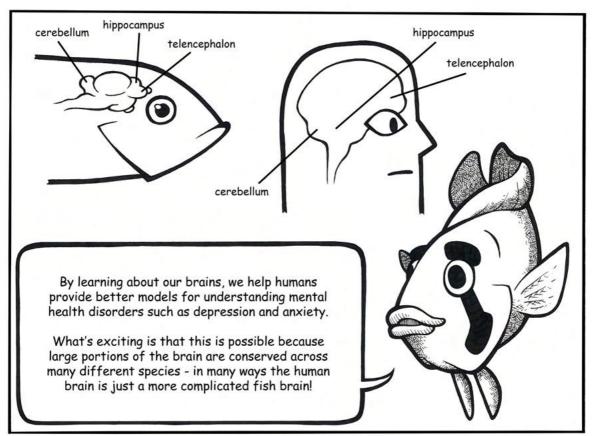
... and it's not only for the title, but that helps.

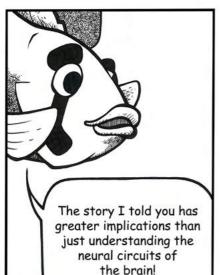
Instead of the scientists serving us, or us serving them, it turns out we're both helping each other!

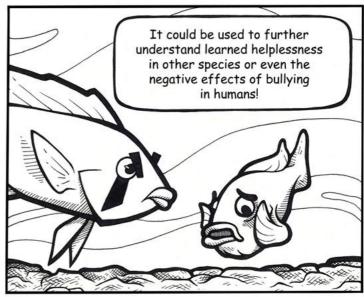




We're not that different! Like us, human scientists have brains too! And their share of brain related problems.



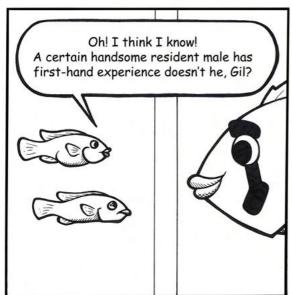


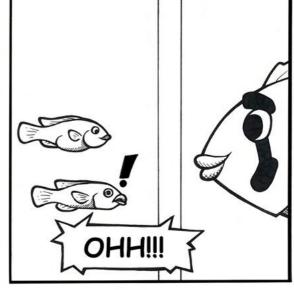




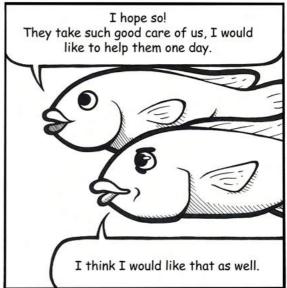


It all still sounds a bit crazy.

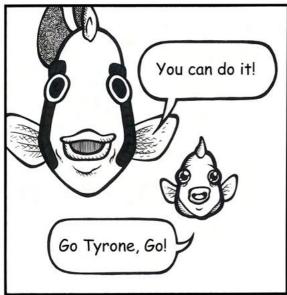








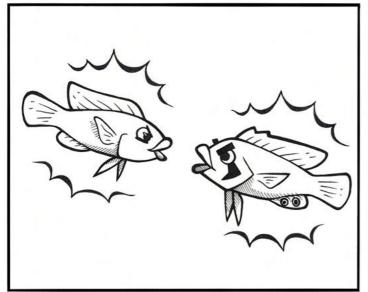


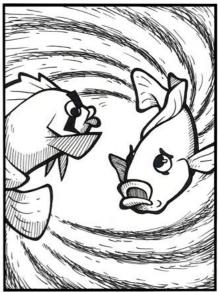


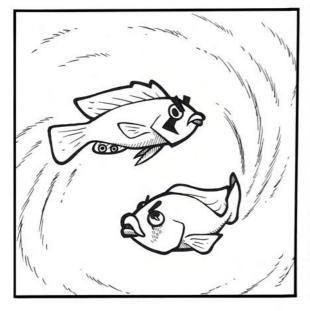




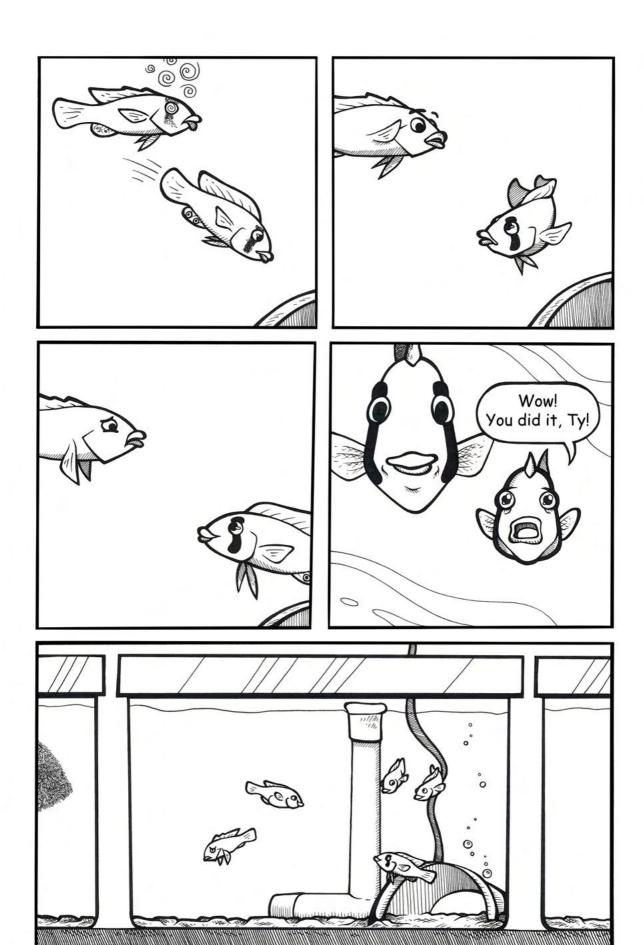


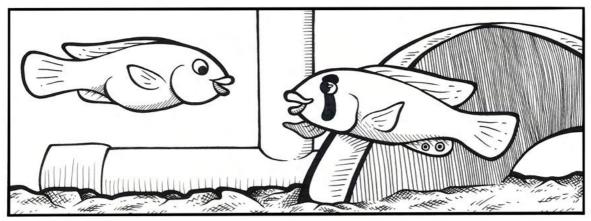


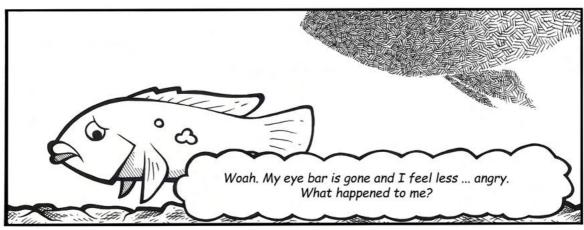


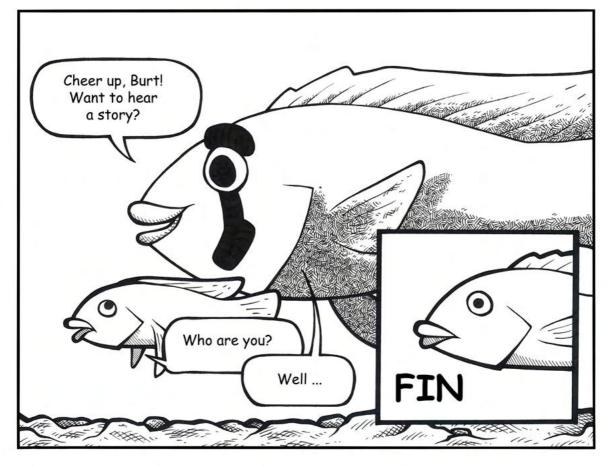




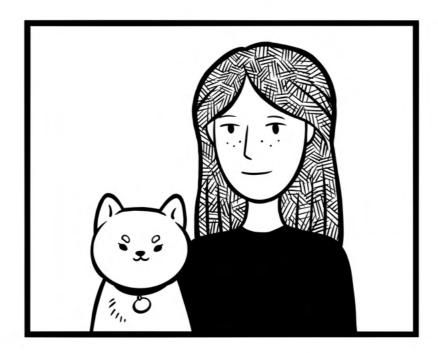








# ABOUT THE AUTHOR



ROSE WAYNE IS A PHD STUDENT IN THE MARUSKA LAB STUDYING THE IMPACTS OF REPEATED SOCIAL DEFEAT STRESS ON THE BRAIN.

DRAWING COMICS BEGAN AS A FORM OF NOTE TAKING AND A TOOL TO BETTER UNDERSTAND THE SCIENCE SHE WAS INTERESTED IN.

THIS COMIC WAS CREATED AS A FUN WAY TO SHARE HER WORK AND THE WORK IN THE MARUSKA LAB TO A WIDE AUDIENCE.

THANK YOU FOR READING!