

# ILIA KULAGIN

Psychiatrist, MD. MS in Cyberpsychology

Ilia.Kulagin@lsu.edu

---

## EDUCATION

---

### Master in Cyberpsychology

Sep 2022 – Sep 2024

University Lusófona, Portugal / University of Barcelona, Spain / Université Paris Cité, France

- Studied the impact of technology on mental health and digital tools for psychological interventions
- Completed a research internship at Polytechnic University of Valencia, developing a feasibility study on large language models for the assessment of attachment style
- Presented joint research with an engineering partner, winning the award for best research among master's students for two consecutive years at CyPsy 26 (Paris, 2023) and ICDVRAT (Prague, 2024).

### Psychiatry Residency

Sep 2020 – Jul 2022

Psychiatric Clinical Hospital No. 1, Moscow, Russia

- Clinical rotations in the Acute Psychosis Department and the Department of Children and Adolescents
- Graduated with honors, achieving the maximum score (5/5) in all subjects
- Completed additional professional training in Cognitive Behavioral Therapy at the Beck Institute

### Doctor of Medicine

Sep 2014 – Jun 2020

First Moscow State Medical University, Moscow, Russia

- Attended the #1-ranked medical university in Russia
- Worked continuously throughout the program, gaining hands-on experience across diverse clinical settings
- Participated in two international research exchanges:
  1. Study on pathological creatinine metabolism, University of Genoa, Italy (2018)
  2. Immune evaluation of a DNA vaccine against Brucella, University of Concepción, Chile (2019)

## WORK EXPERIENCE

---

### Mental Health Counselor

Jun 2023 – Aug 2026

Kyan Health, Zürich, Switzerland

- Provided mental health support to employees of international corporations
- Conducted 1,000+ video therapy sessions in English and Russian
- Maintained a 5.0 client rating across all sessions

### Psychiatry Intern

Nov 2021 – Aug 2022

European Medical Center, Moscow, Russia

- Provided mental health care to expatriates and international patients living in Russia
- Conducted comprehensive psychiatric assessments, diagnostic evaluations and treatment plans
- Adapted care to diverse ethnic and cultural backgrounds

### General Practitioner

Jul 2020 – Nov 2021

MEDSI Clinic, Moscow, Russia

- Worked night shifts in the COVID-19 department, providing frontline medical care
- Monitored and managed patients in severe and unstable condition
- Conducted assessments and adjusted treatment plans according to patients' clinical status

## **SKILLS**

---

- Cross-cultural competence in clinical settings
- Research design (qualitative & quantitative)
- Data analysis & interpretation
- Academic writing
- Conference presentation
- Interdisciplinary collaboration

## **LANGUAGES**

---

Russian - Native

English - Advanced

Spanish - Intermediate

German - Conversational